

# Selecting Reading Glasses Strength

To find the strength you need, read the following chart **WITHOUT GLASSES**. Hold chart at a comfortable reading distance, as if holding a book. The first line you have trouble reading has your appropriate lens strength directly to the right.

If this line is difficult to read, use	<b>+1.25</b>
If this line is difficult to read, use	<b>+1.50</b>
If this line is difficult to read, use	<b>+1.75</b>
If this line is difficult to read, use	<b>+2.00</b>
If this line is difficult to read, use	<b>+2.25</b>
If this line is difficult to read, use	<b>+2.50</b>
If this line is difficult to read, use	<b>+2.75</b>
If this line is difficult to read, use	<b>+3.25</b>
If this line is difficult to read, use	<b>+4.00</b>



The box above should measure exactly 4.5 inches wide when printed.  
If too large or too small, change your print page setup to 100%.